



















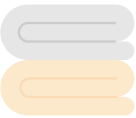






 <p>Water</p>	 <p>Non-perishable food: canned food, biscuits, etc</p>	 <p>Portable radio</p>	 <p>Underwear, socks</p>
 <p>Lighter or matches</p>	 <p>Bed linen / blanket</p>	 <p>Plastic bags</p>	 <p>Sunglasses</p>
 <p>Plastic gloves</p>	 <p>Umbrella & raincoat</p>	 <p>Cash with some extra coins</p>	 <p>ID, passport, residence card or work permit</p>
 <p>Mobile phone and emergency contacts</p>	 <p>Emergency medical kit</p>	 <p>Essential medications & glasses</p>	 <p>Flashlight</p>
 <p>Mask (dust or gas)</p>	 <p>Toiletries</p>	 <p>Fruit juice</p>	 <p>Books and magazines</p>
 <p>Mobile phone charger</p>	 <p>Towel</p>	 <p>Local map</p>	 <p>Knife</p>
 <p>Hand sanitizer</p>	 <p>Water purifying tablets</p>	 <p>Whistle</p>	 <p>Video games</p>